



Safeguarding Newsletter

Issue 16 - 23.5.25

Nothing is more important to us than the safety and welfare of our pupils.

We are fully committed to safeguarding and promoting the welfare of our children and young people within our school. We work closely with families and a range of professional external agencies to secure this and follow Dudley

Safeguarding policies and procedures within our school.

We hope you find this Safeguarding Newsletter useful and aim to send at least one each half term.

Online Safety Survey

Thank you to the parents who responded to the online safety survey that has been running for the last 2 weeks. We had a great response and along with pupil feedback and feedback from our Year 7 colleagues at local high schools, will inform our online safety curriculum for next year.

Online Safety Study – May 2025

The Oxford Internet Institute at the University of Oxford has published a new study on social media use and child mental health in the UK. Researchers carried out an analysis of data from a survey of 3,340 adolescents. Findings indicate that young people with a diagnosable mental health condition reported differences in their experiences of social media compared to those without a condition. Adolescents in the study with internalising conditions such as anxiety and depression demonstrated: higher time spent on social media; increased social comparison; greater impact of social media feedback on mood; and lower satisfaction with the number of online friends.



Free Online Safety courses for parents

The National College, in partnership with Mylene Klass, have created a number of courses for parents dealing with aspects of Online Safety. The links below takes you to the sign up pages for parents of children aged between 3 and 7 and also 7 and 11.

<https://nationalcollege.com/courses/os-for-parents-carers-of-children-aged-3-7>

<https://nationalcollege.com/courses/os-for-parents-carers-of-children-aged-7-11>

Year 7 Transition

Leaving primary school can be a big deal for some children, some are more than ready for a new challenge where others will struggle. Place2Be have some resources for parents on how to navigate this transition point if you feel your child will find this difficult.

https://parentingsmart.place2be.org.uk/article/helping-your-child-prepare-for-secondary-or-high-school?_ga=2.124529418.1481275795.1747304255-1486432646.1747304255

Peters Hill Primary School

Fly high; flourish and fulfil

Low Mood Webinars

NHS Reflexions are running online webinars on 27th and 28th May to help parents recognise low mood symptoms and deliver strategies to support your child with feelings of low mood.



To book a place, please email – bchft.reflexions@nhs.net

Tuesday 27th May Low Mood - Children 11+ 10:00am - 11:00am Via MS Teams	Wednesday 28th May Recognising low mood in your child 10:00am - 11:00am Via MS Teams
Recognising low mood in your child 3:00pm - 4:00pm Via MS Teams	Low Mood - Children 11+ 3:00pm - 4:00pm Via MS Teams

Anger Issues

Thousands of children and young people have received support from Childline for anger issues over the past year.

New data shows that NSPCC delivered close to 3,000 counselling sessions about the issue, online and over the phone. This is a 6% increase on the previous 12 months.

The rise in contacts on the topic has made anger issues a top ten mental health concern for all genders contacting the service³. This data gives insight into a generation increasingly struggling to manage and control their emotions in the face of a range of pressures at home, school, online and in the community.

Tips for children	Tips for parents
1. Talk to someone you trust +	1. Create regular check-in times +
2. Find healthy outlets for emotions +	2. Use open-ended questions +
3. Take care of your body +	3. Model healthy emotional expression +
4. Practice mindfulness +	4. Look for changes in behaviour +
5. Create a feel-good toolkit +	5. Normalise seeking help +

QR codes - Dangers

Cyber criminals are increasingly exploiting QR technology to direct people to malicious websites designed to steal people's personal and financial information.

QR codes have become a convenient part of everyday life—but they also carry hidden risks. A recent Sky News investigation revealed that organised crime groups are using QR code stickers across UK streets, including near schools, to promote illegal online cannabis delivery services. These links lead to slick websites offering next-day delivery, with transactions handled through banks and cryptocurrency. The products are often unregulated and potentially dangerous.

<https://news.sky.com/story/the-online-drug-trade-behind-qr-code-stickers-plastered-on-streets-across-the-uk-13365660>

Peters Hill Primary School
Fly high; flourish and fulfil

Meanwhile, Action Fraud warns that criminals are also using fake QR codes to trick people into giving away personal or financial information. Some replace legitimate QR codes in car parks with scam versions, while others send malicious codes via email in phishing attacks known as 'quishing'.

To stay safe, only scan QR codes from trusted sources, avoid using third-party scanning apps, and double-check links before following them. Suspicious QR code activity should be reported to Action Fraud at <https://www.actionfraud.police.uk/a-z-of-fraud/qr-codes>

The News to make you Smile!

There is a free weekly news leaflet for kids that reports good news stories from across the globe.

Did you know that as much as 90% of the news can be bad news? Children and teens often see or hear the news many times a day through various media channels, adult conversations and in the playground, so Happy News was created to balance the bad with the good.

They publish two downloadable editions every Wednesday during term time, and if you sign up for the Happy News mailing list, you'll receive it at 8 am before it gets published online.

<https://www.behappyresources.co.uk/happy-news/>



Kids Clothes Project



We are holding a collection for the fantastic local charity Kids Clothes Project who provide clothes and toys for children in need between the ages of 2 – 12. Details were emailed out recently.

If you are facing the summer term with a need, there are a number of referrals that school can support with including Kids Clothes and Food Bank Vouchers amongst others. Please get in touch with Karen Bridgwater or a member of SLT who can support you confidentially and discreetly.

Meet our Safeguarding Team

Tracy Curnin



DSL

Simon Duncan



Deputy DSL

Hayley Owen



Deputy DSL

Ellen Foxall



Deputy DSL

Karen Bridgwater



Safeguarding Officer

Peters Hill Primary School

Fly high; flourish and fulfil